

Community Health and Safety Newsletter

We have compiled a series of Health and Safety guidance newsletters to help you to support your children to be aware of dangers in our immediate, and wider, community. These will be shared half termly.

Whilst the Park Hall area is generally safe, there are inevitable hazards that may be attributed to **seasonal changes** eg wearing reflective clothing in the darker months, sun protection etc. Equally, there may be **environmental hazards**, for example, being aware of tree debris in high winds and the changes in water depth and conditions on our nearby canal and lake. In addition there are **social hazards**, including potential danger in our communities, from people we don't know and perhaps from people we do know, and of course poor and unsafe driving practice; parking that obscures visibility and idling vehicle engines, which pose potential toxins for our children who are smaller and more vulnerable to such fumes.

It is our **shared responsibility** to ensure that our children are as safe as possible, through awareness of hazards and how these may change, at different times of the year, and as children grow.

Be Safe ... Be Seen

Check out advice and guidance at -
<https://roadsafetyheroes.co.uk/be-safe-be-seen>



Pedestrians

During the daytime it is recommended that bright, fluorescent colours that stand out against backgrounds are worn.

During darker hours, bright and/or reflective clothing should be worn that can easily be picked up by car headlights.

General tips

In addition, be aware of your surroundings by **paying** attention to hazardous conditions, such as poor weather or road defects and **stay** alert!

Don't assume that other road users can see you, and always be prepared for other hazards.

Fireworks



Whilst it is important to enjoy seasonal fireworks, it is also important to understand how dangerous they can be. The most fun can be had when fireworks are handled responsibly and safely.

Importantly, for children, it is important to keep a safe distance from where your adults are igniting fireworks. Stand well back!

It is also helpful to consider younger siblings and relatives, who should always watch from a safe distance, and of course, your pets! They may be nervous and upset so keep them inside and stress free!

[Check out the following for more safety tips](#)

<https://www.youtube.com/watch?v=CFSwR-NFJCg>

Clever Never Goes and On-Line Safety



One of many fantastic sites to visit, and one which is a great way to introduce children to evaluate situations that are potentially unsafe, is

<https://clevernevergoes.org/>

This site explores ways in which, rather than fearing the worst, children can consider the dangers apparent, in specific situations that may be unsafe, and gives children some tools to respond.

Clever Never Goes provides a home pack available to download. A useful leaflet is available via the following link for those who would like to use this –

https://clevernevergoes.org/wp-content/uploads/2020/12/Clever-Never-Goes_Parent_Leaflet.pdf.pagespeed.ce.kS5DsXRpCp.pdf

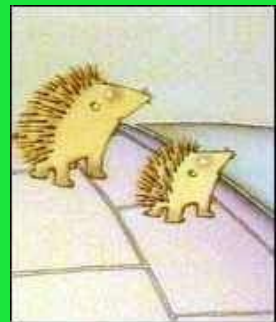
Think! Road Safety

<https://www.think.gov.uk/>

Whether walking, scooting or cycling do remember the safety code for roads and pavements and stay safe!

For cycle safety, there are 5 key facts –

1. Making frequent and good observations
2. Choose the most suitable cycling position for your journey
3. Communicate your signals really clearly
4. Understand the routes and roads you are using
5. Be prepared – reflective and florescent clothing / accessories etc



A well fitted helmet will protect from potential head injuries and suitable clothing protects the body. Remember all advice can save a life!

Further details are provided at –

<https://www.think.gov.uk/cycle-safety/>

Younger children (aged 3-6 years) may enjoy the games found on the following site –

https://www.think.gov.uk/education-resources/explore-education-resources/?age%5B0%5D=3-to-6&resource_type%5B%5D=game

Children aged 7-12 years may also find the following games useful –

https://www.think.gov.uk/education-resources/explore-education-resources/?age%5B0%5D=7-to-12&resource_type%5B%5D=game

The following site also gives great advice around the wearing of seat belts for all ages, through the following link –

https://www.think.gov.uk/wp-content/uploads/2020/07/DfT_SeatBeltBooklet.pdf